

COTTON TREE CYCLONES

**LONG COURSE
TRANSITION MEET**

**SATURDAY 5TH
SEPTEMBER 2020**



Junior 7 and Under- 10 years: Warm up 6:30 am

Senior 11 years and Over: Warm up 12 pm



Cotton Tree Cyclones Swim Meet

When: Saturday 5th September 2020

Where: Cotton Tree Aquatic Centre, The Esplanade – Maroochydore

Time: **AM Junior Session** Warm up from **6.30am**

Competition will commence at **7.00am sharp**

PM Senior Session Warm up from **12.00 noon**

Competition will commence at **12.30pm**

Senior swimmers will not be permitted entry into the complex before 12 noon - due to COVID-19 restrictions the pool complex must be thoroughly cleaned. Senior Swimmers will not enter until cleaning has been finalised.

PLEASE NOTE: CLEANING OF THE POOL COMPLEX WILL OCCUR BETWEEN THE JUNIOR AND SENIOR SESSIONS TO ENSURE WE HAVE A SAFE ENVIRONMENT FOR YOUR SWIMMERS. HAND SANITISER WILL BE AVAILABLE AND SWIMMERS ARE ENCOURAGED TO USE IT REGULARLY.

PLEASE DO NOT ATTEND THIS EVENT IF YOU HAVE ANY COVID SYMPTOMS, INCLUDING: COUGH, SORE THROAT, FEVER, RUNNY NOSE

Pool Entry: Gates open at 6:15am

Free entry for swimmers, coaches and managers

Restricted Access: no spectators - including parents

- 1 Team Manager per 10 Swimmers per session
- Managers/Coaches are required to remain in the complex for duration of the session- no tag in/out
- **Coaches and Managers must sign in at the front desk. Any person not pre-registered as designated Coach/Manager will be refused entry to the facility. Each Club must email CT Cyclones their nominated coaches/team managers in advance.**
- **FAILURE TO ADHERE TO ANY OF OUR COVID PLAN REQUIREMENTS COULD RESULT IN ALL FUTURE WIDE BAY MEETS BEING CANCELLED!**

Due to COVID restrictions, please note the following:

- Swimmers, coaches and managers are to adhere to the COVID plan including **maintaining social distancing** and **appropriate hygiene** practises
- Strict, designated seating areas are provided for teams under shaded areas (no tents required). Swimmers are not to mingle outside of their allocated areas
- Self-marshalling of swimmers- be at the back of the blocks 2 races before your event
- Coaches are provided with a designated seating area- not with team
- No medals or age champions will be announced
- No BBQ- limited food/drink available through the kiosk. Swimmers are encouraged to bring along their own food and beverages
- Swimmers will not be permitted to leave the complex until the end of their session or events
- Swimmers are not permitted to congregate inside or around the amenities
- All swimmers must follow the designated arrows indicating clockwise movement around the pool complex. More information about this will be provided on the day

Entry Fees: \$7.00 per event

Closing Date: Friday 28th August at 11.59pm

LATE nominations - including nominations on the day -

WILL NOT be accepted. Please do not ask as refusal may offend.

Age: As at Saturday 5th September, 2020

Nominations: Online nominations open **Wednesday 13th August 9am** and **close on Friday 28th August at 12am.** For further information contact the secretary at cottontree@widebayswimming.org.au

Payment: Nominations and payments via the Online Entries process

Psych Sheets: Entry lists and Psych Sheets will be emailed out to all Clubs to send out to members for checking and will also be available on the Wide Bay website: www.widebayswimming.org.au

Conditions: Open to all swimmers registered with Swimming QLD in **Wide Bay only**. Only swimmers who are registered as a competitive swimmer with Swimming Qld can nominate online.

Events: 7 years and under to Open. This is a 'B' Grade Qualifying Meet.

All Swimming QLD general rules will apply.

Junior rule tolerances will only apply to 7 & Under 25m events.

Events are as per list attached

Timing: Semi -automatic timing, 2 timekeepers will be provided by the Cotton Tree Cyclones for the duration of the meet

Weather: *If this meet is to be cancelled due to bad weather, please be aware there will be no refunds available to clubs or swimmers.*



# AM SESSION	Boys/Girls	Age	Distance	Stroke
1	Girls	7 & Under	25m	Freestyle
2	Boys	7 & Under	25m	Freestyle
3	Girls	8-10	50m	Freestyle
4	Boys	8-10	50m	Freestyle
5	Girls	7 & Under	25m	Butterfly
6	Boys	7 & Under	25m	Butterfly
7	Girls	8-10	50m	Butterfly
8	Boys	8-10	50m	Butterfly
9	Girls	7 & Under	25m	Breaststroke
10	Boys	7 & Under	25m	Breaststroke
11	Girls	8-10	50m	Breaststroke
12	Boys	8-10	50m	Breaststroke
13	Girls	7 & Under	25m	Backstroke
14	Boys	7 & Under	25m	Backstroke
15	Girls	8-10	50m	Backstroke
16	Boys	8-10	50m	Backstroke
# PM SESSION	Boys/Girls	Age	Distance	Stroke
17	Girls	Open	50m	Breaststroke
18	Boys	Open	50m	Breaststroke
19	Girls	11 & Over	100m	Butterfly
20	Boys	11 & Over	100m	Butterfly
21	Girls	11 & Over	200m	IM
22	Boys	11 & Over	200m	IM
23	Girls	Open	50m	Butterfly
24	Boys	Open	50m	Butterfly
25	Girls	12 & Over	400m	Freestyle
26	Boys	12 & Over	400m	Freestyle
27	Girls	Open	50m	Backstroke
28	Boys	Open	50m	Backstroke
29	Girls	Open	200m	Freestyle
30	Boys	Open	200m	Freestyle
31	Girls	11 & Over	100m	Breaststroke
32	Boys	11 & Over	100m	Breaststroke
33	Girls	12 & Over	200m	Backstroke
34	Boys	12 & Over	200m	Backstroke
35	Girls	11 & Over	100m	Freestyle
36	Boys	11 & Over	100m	Freestyle
37	Girls	11 & Over	100m	Backstroke
38	Boys	11 & Over	100m	Backstroke
39	Girls	12 & Over	200m	Breaststroke
40	Boys	12 & Over	200m	Breaststroke
41	Girls	12 & Over	200m	Butterfly
42	Boys	12 & Over	200m	Butterfly
43	Girls	Open	50m	Freestyle
44	Boys	Open	50m	Freestyle

