



Kawana Waters Swimming Club

2020 State Preparation Meet

Friday 11th & Saturday 12th September 2020

Date & Venue	<p>Friday 11th & Saturday 12th September 2020</p> <p>Kawana Aquatic Centre: Sportsmans Parade BOKARINA QLD 4575</p>
Sessions	<p>Friday Distance Session - Warm Up 5.00pm for 6.00pm Start Saturday Junior Session - Warm Up 7.00am for 8.00am Start Saturday Senior Session - Start time will be advised once entries have closed and the timeline finalised.</p>
Nomination Fee	\$8.00 per event + Online Swimming Australia Fee
Age Determination	Age as at Friday 11 th September 2020 – Minimum age for competition is 8 YEARS. Minimum age for Open Events is 12 years for the Friday Night Distance Session and 13 years for the Saturday Senior Session.
Nominations Open	Wednesday 12 th August 2020
Nominations Close	<p>11.59pm Tuesday 1st September 2020</p> <p>Please Note: Numbers will be limited in each session due to COVID restrictions. Meet may close early if entry limit is reached prior.</p>
Events	<p>All events to be swum as timed finals as per attached Program of Events. The Club reserves the right to cancel, combine or alter any events. Qualifying Times apply to some events.</p> <p>PLEASE NOTE: Please Note Age Restrictions for OPEN EVENTS. Friday Night Distance Session (12 yrs.+) and Saturday Senior Session (13 yrs. +)</p>
Entries	<p>Entry is open to any SQ registered swimmer. Entries from other States will be accepted with clearance from their State Swimming Body.</p> <p>All entries must be submitted via online through Swim Central</p> <p>No monies will be returned for incorrect nominations.</p>
Timekeepers	<p>Timekeepers may be required to be provided by each Club. A Club timekeeping roster will be provided.</p> <p>*FRIDAY NIGHT: Clubs nominating swimmers in distance events may be required to provide parent timekeepers and lap counters.</p>





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<p>Awards</p>	<p>Please Note: NO Medals will be awarded for individual events at this meet.</p> <p>Junior Saturday Session: Age Champions will be awarded to the following age groups: 8yrs, 9yrs, 10yrs, 11yrs, 12yrs</p> <p>For the 8- & 9-year age groups: points will be awarded in the 50m events ONLY. All four events must be swum to be eligible. Male and Female \$20 prize money.</p> <p>For the 10, 11- & 12-year age groups: points will be awarded for all events in the Junior Saturday Session. Male and Female \$20 prize money.</p> <p>For Multi Class: points will be awarded in the 8-12 years 50m M/C events. Male & Female \$20 prize money.</p> <p>Senior Saturday Session: Highest Point Score Champion</p> <p>Male and Female based on total number of points scored in ALL EVENTS in the Senior Saturday Session. No limit on number of events entered in the session. Male & Female \$100 prize money.</p>
<p>Rules</p>	<p>Meet is run in accordance with SAL/SQ Rules</p>
<p>Programs</p>	<p>The Meet Program and Timeline will be available for printing from our website on Thursday 10th September 2020. No programs will be available for sale on the day.</p>
<p>COVID Safe Meet Information</p>	<p>In order to comply with Queensland Government regulations for the running of COVID Safe events all nominees must confirm they agree to the below:</p> <p>Meet Information for Attendees SQ COVID -19 Terms and Conditions</p> <p>As per Swimming Queensland's COVID-19 Club Activity/Meet Guidelines this Meet will be run as a CLOSED MEET which means NO SPECTATORS. A pre-allocation to Clubs based on athlete numbers will allow for adult attendance. These adults (parents/carers) would fill the role of Club/Team Manager to help supervise and support the athletes from their Club during the event. This may be split across the sessions provided contact details are captured for tracing purposes. A \$5.00 fee per Team Manager will apply. Coaches will be provided with one free program per club available for collection on the day from the Officials desk.</p>





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All Clubs will be allocated their own areas which they are expected to remain in. All visitors to the meet including Swimmers, Coaches and Team Managers must maintain social distancing and follow Kawana Aquatic Centre COVID Safe procedures and signage around the centre.

GUIDE ONLY

1 to 5 swimmers in individual events	1 x Coach Pass	3 x Team Manager Passes
6 to 10 swimmers in individual events	1 x Coach Pass	4 x Team Manager Passes
11 to 20 swimmers in individual events	2 x Coach Passes	5 x Team Manager Passes
21 to 30 swimmers in individual events	2 x Coach Passes	6 x Team Manager Passes
31 to 40 swimmers in individual events	3 x Coach Passes	7 x Team Manager Passes
41 to 50 swimmers in individual events	3 x Coach Passes	8 x Team Manager Passes
51 to 60 swimmers in individual events	3 x Coach Passes	9 x Team Manager Passes
61 or more swimmers in individual events	3 x Coach Passes	10 x Team Manager Passes

Refunds

No refunds will be given for withdrawal from the Meet unless due to medical reasons. Notification must be given to our Race Secretary by 5pm Wednesday 9th September 2020 along with a refund request and medical certificate provided within 7 days of the meet. No refunds will be given if the meet is cancelled on the day due to inclement weather.

Photos

In nominating for this Meet, Swimmers agree that they may be photographed by Club approved photographers and images may be used by the Club on their website and social media pages.

Enquiries

Nomination enquiries please contact Sarah Pendergast - racekawana@gmail.com





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PROGRAM OF EVENTS

SESSION 1 Friday 11th September - DISTANCE (12 yrs. & Over)

Boys Events	QTs	Age	Event Description	Girls Events	QTs
1	7:15.80	OPEN (12+)	400m Individual Medley	2	7:18.54
3	13:16.20	OPEN (12+)	800m Freestyle	4	13:14.13
5	24:03.65	OPEN (12+)	1500m Freestyle	6	24:20.91
7 A	3:01.63	OPEN (12+)	200m Choice (1 event only) Freestyle	8 A	3:05.97
7 B	3:19.82		Backstroke	8 B	3:23.14
7 C	3:42.38		Breaststroke	8 C	3:49.79
7 D	3:17.85		Butterfly	8 D	3:22.78
7 E	3:21.56		Individual Medley	8 E	3:26.43

SESSION 2 – Saturday 12th September - JUNIORS (8 – 12yrs)

Boys Events	QT's	Age	Event Description	Girls Events	QT's
9		10 – 12 years	200m Freestyle	10	
11		8 – 12 years M/C	50m Freestyle	12	
13		8 – 12 years	50m Freestyle	14	
15		10 – 12 years	100m Backstroke	16	
17		8 – 12 years M/C	50m Breaststroke	18	
19		8 – 12 years	50m Breaststroke	20	
21		10 – 12 years	100m Butterfly	22	
23		8 – 12 years M/C	50m Backstroke	24	
25		8 – 12 years	50m Backstroke	26	
27		8 – 12 years	100m Freestyle	28	
29		8 – 12 years M/C	50m Butterfly	30	
31		8 – 12 years	50m Butterfly	32	
33		10 – 12 years	100m Breaststroke	34	
35		10 – 12 years	200m Individual Medley	36	





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SESSION 3 – Saturday 12th September - SENIORS (13yrs & OVER)

Boys Events	QT's	Age	Event	Girls Events	QT's
37	6:25.13	OPEN (13+)	400m Freestyle	38	6:29.80
39		OPEN M/C (13+)	50m Freestyle	40	
41		OPEN (13+)	50m Freestyle	42	
43	3:17.85	OPEN (13+)	200m Butterfly	44	3:22.78
45		OPEN (13+)	100m Backstroke	46	
47		OPEN M/C (13+)	50m Breaststroke	48	
49		OPEN (13+)	50m Breaststroke	50	
51	3:01.63	OPEN (13+)	200m Freestyle	52	3:05.97
53		OPEN (13+)	100m Butterfly	54	
55		OPEN M/C (13+)	50m Backstroke	56	
57		OPEN (13+)	50m Backstroke	58	
59	3:42.38	OPEN (13+)	200m Breaststroke	60	3:49.79
61		OPEN (13+)	100m Freestyle	62	
63		OPEN M/C (13+)	50m Butterfly	64	
65		OPEN (13+)	50m Butterfly	66	
67	3:19.82	OPEN (13+)	200m Backstroke	68	3:23.14
69		OPEN (13+)	100m Breaststroke	70	
71	3:21.56	OPEN (13+)	200m Individual Medley	72	3:26.43

